Physics - Forces Points in bold are HT only
\(\left.\begin{array}{|l|l|}\hline Content \& End \\
\hline Name contact and non-contact forces and describe their interaction \& \\
\hline Define scalar and vector quantities and give examples of each \& \\
\hline Calculate resultant forces \& \\
\hline Define weight and use w=m x g to calculate any one of those values \& \\
\hline Define 'centre of mass' \& \\
\hline Draw free body diagrams to scale including resolving forces at different angles \& \\
\hline Know the equation to calculate work done and apply this to find work done, force or distance \& \\
\hline Describe the relationship between joules and newton-metres and convert between them \& \\
\hline Give examples of forces involved in stretching or compression and explain the difference between elastic \\

deformation and inelastic deformation\end{array}\right]\)| Describe the features of a graph of force applied versus the extension of a spring |  |
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| Know Hooke's Law ( $\mathrm{f}=$ ke) and apply it in stretching or compression scenarios |  |
| Calculate work done during stretching or compressing using e= $1 / 2 \mathrm{k}$ x ${ }^{2}$ |  |
| Interpret distance-time graphs to calculate velocity and total distance moved |  |
| Explain the difference between distance and displacement |  |
| Know typical values for speed for walking, running, cycling and sensible values for car, train and airplane speeds |  |
| Describe the difference between velocity and speed and calculate them using s=d/t |  |
| Describe circular motion in terms of speed and direction |  |
| Interpret distance time graphs to find speed, including drawing a tangent if the object is accelerating |  |
| Describe what is meant by acceleration |  |


| Content | End |
| :--- | :--- |
| Calculate the acceleration or deceleration of an object using a=v-u/t, using negative values to represent <br> deceleration |  |
| Use uniform acceleration equation to calculate acceleration, velocity or distance |  |
| Know that acceleration under gravity is $9.8 \mathrm{~m} / \mathrm{s}^{2}$ |  |
| Describe the change in forces that occur during free fall of an object through a fluid |  |
| Define terminal velocity |  |
| Apply Newton's first law to predict the effect of balanced and unbalanced forces on stationary and moving objects |  |
| Explain what is meant by 'inertia' |  |
| Use Newton's second law (f=ma) to calculate force, mass or acceleration  <br> Apply Newton's third law to equilibrium situations - ie describe how forces exerted by two objects interacting are <br> equal and opposite  <br> Define the terms stopping distance, thinking distance and braking distance and know how speed affects overall <br> stopping distance  <br> Explain how reaction time can affect thinking distance and how this can be measured  <br> Dehicles wher large decelerations are dangerous and estimate values forces involved in deceleration of road  <br>   |  |

