

2nd February 2024

Dear Parent/Carer,

Charity Week and Young Minds – Non-school uniform day

At Ridgwood we know how important it is for us to support a range of charities. Next week sees a focused charity week in school where students have been invited to organise some fundraising activities with their form group to support some of our local charities, whether through contributions towards a cake sale or tuck shop, donations collection or any other ideas that they may have collaborated on. If students have any other ideas for fundraising, they should speak to their form tutor.

Form groups in the following houses will have an opportunity to fundraise or collect for the following local charities on the following days:

Monday – Citrine Tuesday – Emerald Wednesday – Ruby Thursday – Sapphire

Local charities being supported next week include Mary Stevens Hospice, Thrift - support for teen homelessness and the Black Country Food Bank.

We will also be collecting any pre-loved uniform items that you or your family no longer need, to support other members of the school community.

Charity week will culminate with a whole school non-uniform day on **Friday 9th February** in support of Young Minds 'Childrens Mental Health Week'.

Young Minds are the leading charity for children and young people's mental health in the UK. Their aim is to get young people the mental health support they need, when they need it. I'm sure you would agree that this is a worthwhile cause.

Donations could help to:

- Ensure the Parents Helpline continues to provide advice and support to a parent worried about their child.
- Train a young Activist, building their confidence to speak up and influence the decisions that affect the future of young people's mental health.
- Train one Parents Helpline Adviser to be on the end of the phone to provide information and support to parents and carers.



More information can be found here: <u>https://www.youngminds.org.uk/support-us/donate/</u> A minimum donation of £1 can be made via Parent Pay on or before **Friday 9**th **February 2024**

As always, no crop-tops, shoulders or tummies on show, no offensive language, or inappropriate pictures on tops.

A non-school uniform day is a very small act of charity. Anything that we can contribute in what is likely to be an even more difficult year for many families, will help these valuable projects keep going.

Yours faithfully,

H. Raldy

Mrs H Baldry Assistant Headteacher Ridgewood High School