










Key word	Definition	How to improve it? (Exercises)			
<b>Physical skills</b>					
posture					
alignment					
balance					
coordination					
control					
flexibility					
mobility					
strength					
stamina					
extension					
isolation					
<b>Technical skills</b>					
action content					
Dynamic content					
Spatial content					
Relationship content					
Timing content					
Rhythmic content					
<b>Expressive skills</b>					
projection					
focus					
spatial awareness					
facial expression					
musicality					
sensitivity to other dancers					
communication of choreographic intent					
musicality					
<b>Mental skills</b>					
movement memory					
commitment					
concentration					
confidence.					




	Definition	Example	Why is this important?		
Warming up					
Cooling down					
Nutritious food					
Safe execution of movement					
No jewellery					
Correct dance clothing					
Bare feet					
Communication with peers					
	Definition	Example from any of the performances we have done before			
Action content					
Dynamic content					
Spatial content- Pathways, directions, shapes, formations, levels					
Relationship content:					
Mirroring					
Action and reaction					
Accumulation					
Lead and follow					
Counterpoint					
Contrast					
Contact					
Choreographic devices:					
Canon					
Unison					
Retrograde					
Motif development					
Highlights					

Climax					
Repetition					

<p><b>Infra</b> <u>Infra</u></p>	<p>Give information about this in your own words</p>			
Choreographer				
Date of performance				
Dance Style				
Choreographic approach				
Stimulus				
Choreographic intention				
Structure				
Aural Setting				




Costume				
Lighting				
Performance Environment				
Describing an action	<p style="text-align: center;"><b>List actions from Infra</b></p> <p>The <b>action</b>, the <b>dynamic</b>, the <b>space</b>, the <b>relationship</b>, the <b>direction</b> e.g. Remember to say what section they are from</p> <p>In section one the dancers perform a <b>grande battement</b> with my <b>left leg</b>, swiping through a <b>tendu</b> to lift the leg up in a <b>swift and smooth movement</b>. The <b>dancers are</b> in a <b>close clustered space</b>.</p> <p>1.</p> <p>2.</p>			
Practice question	<p style="text-align: center;"><b><u>Discuss the use of physical skills and their contribution to the choreographic intention of Infra</u></b></p>			

**6 marks**

<u>Artificial Things</u>	<p>Give information about this in your own words</p>			
Choreographer				
Date of performance				
Dance Style				
Choreographic approach				
Stimulus				
Choreographic intention				
Structure				
Aural Setting				
Costume				

Lighting				
Performance Environment				
Describing an action	<p align="center"><b><u>List expressive skills from Artificial Things</u></b></p> <p><b>Make sure you say where it is used.</b></p> <p><b>Projection, focus, spatial awareness, facial expression, musicality, sensitivity to other dancers, communication of choreographic intent</b></p> <p><b>For example:</b></p> <p><b>At the beginning of the dance, David (a disabled dancer) uses focus as he travels towards the female dancer in the centre of the stage. David intensely looks at the female dancer as he makes contact with her, showing he has empathy for her with life's limitations.</b></p> <p>1.</p> <p>2.</p>			
Practice question	<p align="center"><b><u>Discuss the use of expressive skills and their contribution to the choreographic intention of Artificial Things</u></b></p>			

**6 marks**

<b><u>Emancipation of Expressionism</u></b>	Give information about this in your own words			
Choreographer				
Date of performance				
Dance Style				
Choreographic approach				
Stimulus				
Choreographic intention				
Structure				
Aural Setting				
Costume				
Lighting				
Performance Environment				
Describing an action	<p align="center"><b><u>List physical skills used in Emancipation of Expressionism</u></b></p> <p><b>Make sure you say where it is used.</b></p> <p><b>Posture, alignment, balance, coordination, control, flexibility, mobility, strength, stamina, extension, isolation</b></p> <p><b>For example:</b></p>			





Differences of Emancipation of Expressionism and Artificial Things	Costume	Lighting	Set	Aural setting	Props