Recommended Reads About Isolation

These books mainly focus on characters who are physically isolated from others, either as individuals or as a group. Some stories address psychological isolation. This is not an exclusive list – there are lots of other books you can find about characters feeling isolated.

The Terrible Thing That Happened to Barnaby Brocket by John Boyne

There's nothing unusual or different about the Brocket family - and they're keen to keep it that way. But when Barnaby Brocket comes into the world, it's clear he's anything but ordinary. To his parents' horror, Barnaby defies the laws of gravity - and floats. Soon, the Brockets decide enough is enough. The neighbours are starting to talk. They never *asked* for a weird, abnormal, *floating* child. Barnaby has to go . . . Betrayed and frightened, Barnaby floats into the path of a very special hot air balloon – and so begins a magical journey around the world, with a cast of extraordinary new friends.

Alone by DJ Brazier

The trip of a lifetime - that's what it was supposed to be, paid for with money Gran left thirteen-ye ar old Sam in her will, but when the small plane taking Sam and his Dad back to the airport crashes in the jungle, Sam is left alone and terrified. As time passes with no sign of rescue, Sam grows weaker and has to dig deep to find levels of resolve and resourcefulness he never knew he had in order to survive. Desperate and close to giving up, Sam's spirits are lifted by the arrival of an otter cub whose companionship and loyalty give Sam the strength he needs to keep going. But when disaster strikes, Sam has to make the hardest decision of his life. Can Sam save his friend and make it out of the jungle alive?

The Bubble Boy by Stewart Foster

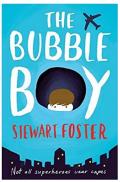
Eleven-year-old Joe can't remember a life outside of his hospital room, with its beeping machines and view of London's rooftops. His condition means he's not allowed outside, not even for a moment, and his few visitors risk bringing life-threatening germs inside his 'bubble'. But then someone new enters his world and changes it for ever. This is the story of how Joe spends his days, copes with his loneliness and frustrations, and looks - with superhero-style bravery, curiosity and hope - to a future without limits. Expect superheroes, super nurses and a few tears from this truly unique story.

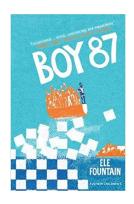
Boy 87 by Ele Fountain

Shif is just an ordinary boy who likes chess, maths and racing his best friend home from school. But one day, soldiers with guns come to his door - and he knows that he is no longer safe.

Shif is forced to leave his mother and little sister, and embark on a dangerous journey; a journey through imprisonment and escape, new lands and strange voices, and a perilous crossing by land and sea. He will encounter cruelty and kindness; he will become separated from the people he loves.







The Bone Sparrow by Zana Fraillon

Born in a refugee camp, all Subhi knows of the world is that he's at least 19 fence diamonds high, the nice Jackets never stay long, and at night he dreams that the sea finds its way to his tent, bringing with it unusual treasures. And one day it brings him Jimmie.

Carrying a notebook that she's unable to read and wearing a sparrow made out of bone around her neck - both talismans of her family's past and the mother she's lost - Jimmie strikes up an unlikely friendship with Subhi beyond the fence.

As he reads aloud the tale of how Jimmie's family came to be, both children discover the importance of their own stories in writing their futures.

My Side of the Mountain by Jean Craighead George

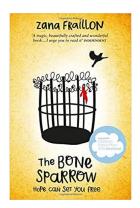
Sam Gribley is terribly unhappy living in New York City with his family, so he runs away to the Catskill Mountains to live in the woods--all by himself. With only a penknife, a ball of cord, forty dollars, and some flint and steel, he intends to survive on his own. Sam learns about courage, danger, and independence during his year in the wilderness, a year that changes his life forever.

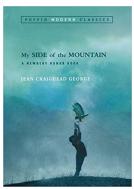
Shine by Candy Gourlay

Monsters are in the eye of the beholder. Rosa suffers from a rare condition that renders her mute. She lives on the strange island of Mirasol where the rain never seems to stop. In the gloom of the island, its superstitious population are haunted by all sorts of fears ...they shun people who suffer from Rosa's condition, believing them to be monsters. So Rosa must live hidden away in an isolated house with its back to the rest of the world, with only the internet for a social life. But Rosa has no desire to leave Mirasol. This is where her mother died and every night she lights a candle on the windowsill. The islanders believe this is the way to summon ghosts, and Rosa wants her mother back. One day she is befriended by a boy online who calls himself Ansel95 - and she quickly realizes that this is one friendship that can take place in the real world. Can she really trust him? What does he want from her? And then Mother turns up at the front door.

The Island at the End of Everything by Kiran Millwood Hargrave

Amihan lives on Culion Island, where some of the inhabitants - including her mother - have leprosy. Ami loves her home - with its blue seas and lush forests, Culion is all she has ever known. But the arrival of malicious government official Mr Zamora changes her world forever: islanders untouched by sickness are forced to leave. Banished across the sea, she's desperate to return, and finds a strange and fragile hope in a colony of butterflies. Can they lead her home before it's too late?









Boy in the Tower by Polly Ho-Yen

Ade loves living at the top of a tower block. From his window, he feels like he can see the whole world stretching out beneath him. His mum doesn't really like looking outside – but it's going outside that she hates. She's happier sleeping all day inside their tower, where it's safe.

But one day, other tower blocks on the estate start falling down around them and strange, menacing plants begin to appear. Now their tower isn't safe anymore. Ade and his mum are trapped and there's no way out . . .

Race to the Frozen North by Catherine Johnson

Matthew Henson was simply an ordinary man. That was, until Commander Robert E. Peary entered his life, and offered him a chance at true adventure. Henson would become navigator, craftsman, translator, and right-hand man on a treacherous journey to the North Pole. Defying the odds and the many prejudices that faced him to become a true pioneer. This is his incredible and often untold story. Particularly suitable for struggling, reluctant or dyslexic readers but engaging for all. Based on a true story.

Nowhere on Earth by Nick Lake

Sixteen-year-old Emily is on the run. Between her parents and the trouble she's recently gotten into at school, she has more than enough reason to get away. But when she finds a little boy named Aidan wandering in the woods, she knows she needs to help him find his way home. But getting home is no easy matter, especially when Emily finds out that Aidan isn't even from Earth. When their plane crashes into the side of a snowy mountain, it's up to Emily to ensure Aidan and their pilot, Bob, make it off the mountain alive. Pursued by government forces who want to capture Aidan, the unlikely team of three trek across the freezing landscape, learning more about each other, and about life, than they ever thought possible.

Where the World Ends by Geraldine McCaughrean

Every summer Quill and his friends are put ashore on a remote sea stac to hunt birds. But this summer, no one arrives to take them home.

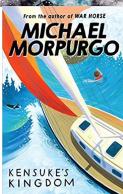
Surely nothing but the end of the world can explain why they've been abandoned - cold, starving and clinging to life, in the grip of a murderous ocean. How will they survive?

Kensuke's Kingdom by Michael Morpurgo

I heard the wind above me in the sails. I remember thinking, this is silly, you haven't got your safety harness on, you haven't got your lifejacket on. You shouldn't be doing this . . . I was in the cold of the sea before I could even open my mouth to scream.

Washed up on an island in the Pacific, Michael struggles to survive on his own. With no food and no water, he curls up to die. When he wakes, there is a plate beside him of fish, of fruit, and a bowl of fresh water. He is not alone . . .





Island of the Blue Dophins by Scott O'Dell

Twelve-year-old Karana escapes death at the hands of treacherous hunters, only to find herself totally alone on a harsh desolate island. How she survives in the face of all sorts of dangers makes gripping and inspiring reading. Based on a true story.

Hatchet by Gary Paulsen

There was a wild crashing sound, a ripping of metal, and the plane blew through the trees, out over the water and down, down to slam into the lake . . .

Brian is a city boy. Not used to living rough. Until his plane crash-lands in the Canadian wilderness. All he has is a hatchet - and a desperate will to survive. Now Brian must learn to live the hard way - or die.

Pax by Sarah Pennypacker

Pax was only a kit when his family was killed and he was rescued by 'his boy', Peter. Now the country is at war and when his father enlists, Peter has no choice but to move in with his grandfather. Far worse than leaving home is the fact that he has to leave Pax behind. But before Peter spends even one night under his grandfather's roof he sneaks out into the night, determined to find his beloved friend. This is the story of Peter, Pax, and their journeys back to each other as war rampages throughout the country.

The Explorer by Katherine Rundell

From his seat in the tiny aeroplane, Fred watches as the mysteries of the Amazon jungle pass by below him. He has always dreamed of becoming an explorer, of making history and of reading his name amongst the lists of great discoveries. If only he could land and look about him.

As the plane crashes into the canopy, Fred is suddenly left without a choice. He and the three other children may be alive, but the jungle is a vast, untamed place. With no hope of rescue, the chance of getting home feels impossibly small.

Except, it seems, someone has been there before them .

Lampie by Annet Schaap

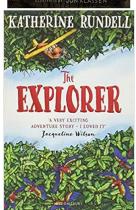
Every evening Lampie the lighthouse keeper's daughter must light a lantern to warn ships away from the rocks. But one stormy night disaster strikes. The lantern goes out, a ship is wrecked and an adventure begins.

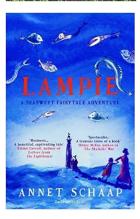
In disgrace, Lampie is sent to work as a maid at the Admiral's Black House, where rumour has it that a monster lurks in the tower. But what she finds there is stranger and more beautiful than any monster. Soon Lampie is drawn into a fairytale adventure in a world of mermaids and pirates, where she must fight with all her might for friendship, freedom and the right to be different.











The Goldfish Boy by Lisa Thompson

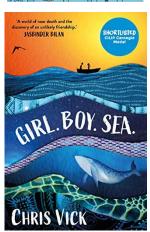
Twelve-year-old Matthew is trapped in his bedroom by crippling OCD, spending most of his time staring out of his window as the inhabitants of Chestnut Close go about their business. Until the day he is the last person to see his next door neighbour's toddler, Teddy, before he goes missing. Matthew must turn detective and unravel the mystery of Teddy's disappearance - with the help of a brilliant cast of supporting characters. Page-turning, heartbreaking, but ultimately life-affirming, this story is perfect for fans of The Curious Incident of the Dog in the Night Time and Wonder. It is a book that will make you laugh and cry.

GOLDFISH

Boy. Girl. Sea. by Chris Vick

Storm, shipwreck, survival. Chris Vick's novel delves deep into the might and majesty of the unpredictable ocean, the strength of an unlikely friendship between a British boy and a Berber girl and their will to survive against all the odds.

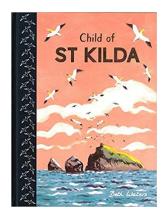
A British boy narrowly survives the sinking of his yacht in a huge storm off the coast of Morocco. After days alone at sea in a tiny rowing boat Bill rescues a girl clinging for her life to a barrel. Aya, from the nomadic Berber tribe, was escaping to Europe when her migrant ship was destroyed in the same storm. Through endless days and star-spangled nights, they drift – mere specks on the vast, empty ocean – weakened by fear, hunger, and burned by the unforgiving sun. Aya tells Bill about *The Arabian Nights*, and Shahrazad, who told 1001 stories to save her life. As hope of rescue begins to fade, they find strength in these tales of magic, brave heroes, wily thieves, greedy sultans, and courageous girls.



When they land on a desert island, they're surprised to be confronted by a stranger who is not what he seems... and back out on the waves once more in the dark deep, a shadow follows...

Child of St Kilda by Beth Waters

Norman John Gillies was one of the last children ever born on St Kilda, five years before the whole population was evacuated forever to the British mainland. People had lived on these islands for over four thousand years, developing a thriving, tightly-knit society that knew nothing of crime or money, and took care of its weakest members without hesitation. At the mercy of the seasons and the elements, a unique lifestyle evolved, based around resilience, mutual trust and caring. What was it like to grow up in such harsh conditions? Why and how did this ancient way of life suddenly cease in 1930? Where did the islanders go, and what became of them? And what became of Norman John, child of St Kilda?



The Boy Who Sailed the Ocean in an Armchair by Lara Williamson

Becket Rumsey is all at sea. His dad has run away with him and his brother Billy in the middle of the night. And they've left everything behind, including their almost-mum Pearl. Becket has no idea what's going on - it's a mystery. So with the help of Billy and a snail called Brian, Becket sets out on a journey of discovery. It's not plain sailing but then what journeys ever are? An extraordinary story of courage, dreams and finding your way, from the bestselling author of A Boy Called Hope

