



TEST - Questions

L01: Understanding the issues which affect participation in sport



The different user groups who may participate in sport



Possible barriers which affect participation in sport



The solutions to barriers which affect participation



Factors which can impact upon the popularity of sport in the UK

BRONZE

A local gym introduces a new exercise class at 11am on weekdays.  
Name a user group that is unlikely to be able to take part in the class. (1)

England Golf encourages participation amongst young females including the 'Junior Passport' scheme which provides coaching in golf skills.  
Describe two barriers to young females participating in golf. (2)

Give a solution that England Golf can put into place for each of the barriers identified. (2)

Lacrosse is an emerging sport in the UK in terms of its growing popularity.  
Describe two factors that can lead to an increase in participation and spectators of an emerging sport. (2)

SILVER

A local gym introduces a new exercise class at 11am on weekdays.  
Name two user groups that are likely to be able to take part in the class. (2)

Stefan is a wealthy single parent who works full time and owns a car. He wants to participate regularly in football.  
Identify two barriers to his regular participation in football. (2)

Give two solutions that can help Stefan to participate more in sport. (2)

Explain, using an example, why a sport might be seen as socially unacceptable. (2)

GOLD

Teenagers and people over the age of 50 are both types of user groups that may participate in sport.  
Identify three other user groups that may participate in sport.(3)

Emma is a 16 year old teenage girl who is studying for her end of year examinations but would like to participate in more sport.  
Identify four barriers that might prevent Emma from regular participation in sport. (4)

Give a solution to each barrier that Emma faces. (4)

American Football is an emerging sport in the UK. There are plans to start a professional team in London but the sport must become more popular first. Suggest four ways that American Football could be made more popular in the UK. (4)

PLATINUM

A local leisure centre would like to encourage more people over the age of 50 to use their sports facilities.  
Suggest three reasons why over 50s may not currently use the local leisure centre. (3)

Identify three barriers that may prevent visually impaired people from participating in sport.  
Give a solution to each barrier.(6)

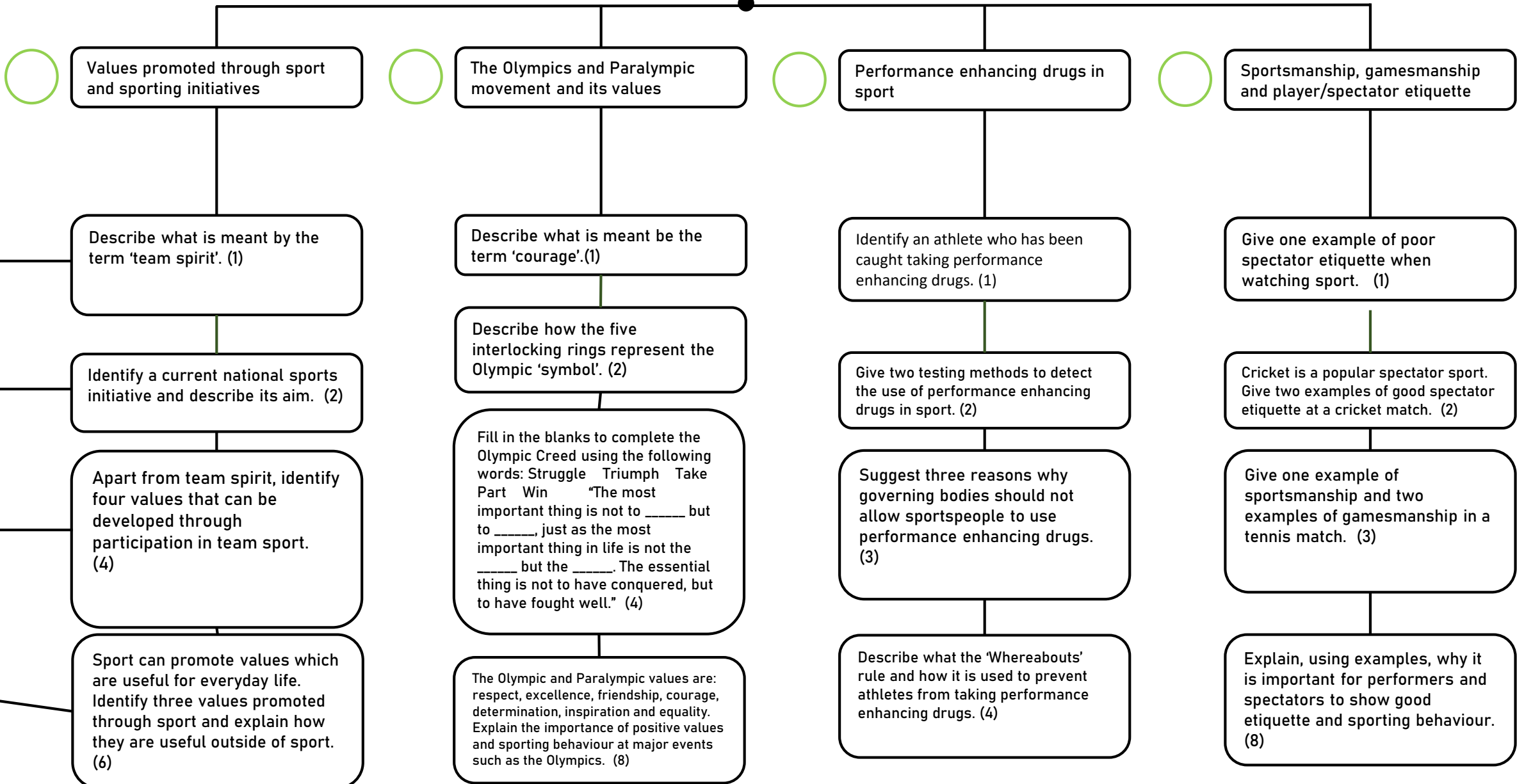
Describe three ways in which sport can be made more accessible for those with disabilities and give an example for each. (6)

Apart from social acceptability, describe three other factors that can impact upon the popularity of a sport in the UK. (6)



TEST - Questions

L02: Know about the role of sport in promoting values



BRONZE

SILVER

GOLD

PLATINUM

Values promoted through sport and sporting initiatives

Describe what is meant by the term 'team spirit'. (1)

Identify a current national sports initiative and describe its aim. (2)

Apart from team spirit, identify four values that can be developed through participation in team sport. (4)

Sport can promote values which are useful for everyday life. Identify three values promoted through sport and explain how they are useful outside of sport. (6)

The Olympics and Paralympic movement and its values

Describe what is meant by the term 'courage'. (1)

Describe how the five interlocking rings represent the Olympic 'symbol'. (2)

Fill in the blanks to complete the Olympic Creed using the following words: Struggle Triumph Take Part Win "The most important thing is not to \_\_\_\_ but to \_\_\_\_, just as the most important thing in life is not the \_\_\_\_ but the \_\_\_\_\_. The essential thing is not to have conquered, but to have fought well." (4)

The Olympic and Paralympic values are: respect, excellence, friendship, courage, determination, inspiration and equality. Explain the importance of positive values and sporting behaviour at major events such as the Olympics. (8)

Performance enhancing drugs in sport

Identify an athlete who has been caught taking performance enhancing drugs. (1)

Give two testing methods to detect the use of performance enhancing drugs in sport. (2)

Suggest three reasons why governing bodies should not allow sportspeople to use performance enhancing drugs. (3)

Describe what the 'Whereabouts' rule and how it is used to prevent athletes from taking performance enhancing drugs. (4)

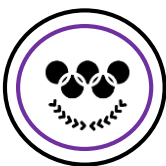
Sportsmanship, gamesmanship and player/spectator etiquette

Give one example of poor spectator etiquette when watching sport. (1)

Cricket is a popular spectator sport. Give two examples of good spectator etiquette at a cricket match. (2)

Give one example of sportsmanship and two examples of gamesmanship in a tennis match. (3)

Explain, using examples, why it is important for performers and spectators to show good etiquette and sporting behaviour. (8)



TEST - Questions

L03: Understand the importance of hosting a major sporting event



Type and features of a major sporting event



Benefits to hosting a major sporting event & potential legacy



Drawbacks to hosting a major sporting event

BRONZE

Identify a major international 'one off' sports event. (1)

Identify one benefit of hosting a major sporting event . (1)

Give two drawbacks of building a large stadium for a specific event like the Olympics. (2)

SILVER

Give three examples of major sports events that take place in the UK every year. (3)

Describe how hosting a major international sporting event can increase the following factors: National morale; Economic investment; Tourism (3)

Give two drawbacks to the local population of hosting a major sports event. (2)

GOLD

Identify whether hosting the following major sporting event is 'One-off' or 'Regular and reoccurring'. a) British Formula One Grand Prix b) Paralympics c) UEFA Champions League Final d) World Athletics Championships (4)

Describe sporting and economic benefits for a nation after hosting a 'one off' international sporting event. (4)

Give three possible drawbacks for the host nation after hosting a 'one-off' international sporting event. (4)

PLATINUM

A regular and recurring sporting event such as Wimbledon is an annual event that is usually held in the same place each year. For the following sporting events, give an example and description for each: 'One-off' & Regular. (4)

Identify and describe two benefits for each of the following types of legacy. Economic and sporting. (8)

Many cities and countries hope to gain economic benefits by hosting major sporting events such as the Olympic Games. Explain the possible economic benefits and economic drawbacks for a country before, during and after hosting an Olympic Games. (8)



TEST - Questions

LO4: Know about the role of national governing bodies in sport



How NGB's develop and provide infrastructure in sport

BRONZE

Providing elite training is one way a governing body such as the Football Association develops a sport. Identify two other ways in which a governing body develops a sport. (2)

SILVER

Give three examples of how national governing bodies are involved in sports development. (3)

GOLD

One way national governing bodies develop the infrastructure of a sport is by building facilities. Using examples, describe two other ways a national governing body can develop the infrastructure of a sport. (4)

PLATINUM

Explain the role of a national governing body in developing the infrastructure of a sport. (8)



How NGB's promote and apply policies in sport

Which one of the following is an example of a NGB policy?:  
a) Issuing coaching awards; b) Training officials; c) Providing insurance for players; d) Rules on performance enhancing drugs (1)

Suggest two ways a national governing body might promote sport to women. (2)

Describe one policy of a national sports governing body and explain its impact on that sport. (3)

Other than through funding, identify and describe two ways that a national governing body promotes participation in sport. (4)



How NGB's support and help with funding in sport

Name two sources of funding available to a governing body to distribute to clubs and sports performers. (2)

Give two types of advice that a national governing body can give to a local sports club. (2)

Give three ways that national governing bodies provide support for local community sport. (3)

Explain how national governing bodies can help and advise sports clubs with funding and raising money. (8)