

Test – Carbohydrates**Name:** _____

1. What is modified starch?
2. Give an example of pre-gelatinised starch.
3. What group of foods coagulate?
4. What is the protein in bread flour called that makes it elastic?
5. What type of flour do you use to make bread?
6. What gas does yeast produce when it ferments?
7. Why do we need carbohydrates?
8. Name the three types of carbohydrates.
9. What does the body do to surplus carbohydrate?
10. Name three different types of sugar and what they would be used for.
11. Why do people use sugar substitutes?