




## Unit R184: Contemporary issues in sport

<b>Topic Area 1: Issues which affect participation in sport</b>			
			
<p><b>1.1.1 Different user groups who participate in sport:</b></p> <ul style="list-style-type: none"> <li>• Gender</li> <li>• People from different ethnic groups</li> <li>• Retired people/people over 60</li> <li>• Families with children</li> <li>• Carers</li> <li>• People with family commitments</li> <li>• Young children</li> <li>• Teenagers</li> <li>• People with disabilities</li> <li>• Parents (singles or couples)</li> <li>• People who work</li> <li>• Unemployed/economically disadvantaged people</li> </ul>			
<p><b>1.2.1 Possible barriers which affect participation in sport:</b></p> <ul style="list-style-type: none"> <li>• Employment and unemployment</li> <li>• Family commitments</li> <li>• Lack of disposable income</li> <li>• Lack of transport</li> <li>• Lack of positive sporting role models</li> <li>• Lack of positive family role models or family support</li> <li>• Lack of appropriate activity provision</li> <li>• Lack of awareness of appropriate activity provision</li> <li>• The lack of equal coverage in media in terms of gender and ethnicity by the media</li> </ul>			
<p><b>1.3.1 Possible solutions to the barriers which affect participation in sport:</b></p> <ul style="list-style-type: none"> <li>• Provision of: Appropriate programmes</li> <li>• Sessions</li> <li>• Activities</li> <li>• Times for the different user groups</li> <li>• Promotion strategies: The use of targeted promotion</li> <li>• Role models</li> <li>• Initiatives</li> <li>• Increased and appropriate transport availability</li> <li>• Availability of appropriate user group facilities and equipment</li> <li>• Improved access to facilities for all user groups</li> <li>• Appropriate pricing for all user groups</li> </ul>			
<p><b>1.4.1 Positive and negative impacts on the popularity of sport in the UK includes:</b></p> <ul style="list-style-type: none"> <li>• The number of people participating</li> <li>• The provision of facilities</li> <li>• Environment/climate activity influences</li> <li>• Live spectator opportunities</li> <li>• The amount and range of media coverage</li> </ul>			

<ul style="list-style-type: none"> <li>• The high-level success of both individuals and teams</li> <li>• The number and range of positive role models available in a sport</li> <li>• Social acceptability</li> </ul>			
<b>1.5.1 The growth of emerging/new sports in the UK:</b> <ul style="list-style-type: none"> <li>• Examples of current emerging sports</li> <li>• The development and opportunities to participate in emerging sports</li> </ul>			
<b>Topic Area 2: The role of sport in promoting values</b>			
<b>2.1.1 Values which can be promoted through sport:</b> <ul style="list-style-type: none"> <li>• Team spirit- refers to the support given to fellow team/squad members and being able to work together to reach a collective goal</li> <li>• Fair play - where performers adhere to the rules and do not cheat whilst performing</li> <li>• Citizenship - relates to how people create community links and community spirit by getting involved in local sports clubs and teams</li> <li>• Tolerance AND Respect - one sporting value not two separate values, and relates to how sport can generate a greater understanding of other cultures</li> <li>• Inclusion - refers to the fact that in order that all social groups can participate in sport, there should be equal opportunities for all social groups in society to play sport</li> <li>• National pride - support for your national team/ squad in a sport creates national pride by uniting the whole population in their support of for the team/sport</li> <li>• Excellence - can be evident in sport at all levels when performers strive to be the very best that they can in their activity and work with maximum effort</li> </ul>			
<b>2.2.1 Olympic and Paralympic:</b> <ul style="list-style-type: none"> <li>• The Creed</li> <li>• The Symbol <ul style="list-style-type: none"> <li>○ The Olympic and Paralympic values: The Olympic values of Excellence, Friendship and Respect</li> <li>○ The Paralympic values of Courage, Determination, Inspiration and Equality</li> </ul> </li> </ul>			
<b>2.3.1 Other initiatives, campaigns and events which promote sporting values:</b> <ul style="list-style-type: none"> <li>• Local</li> <li>• Regional</li> <li>• National</li> </ul>			
<b>2.4.1 The importance of etiquette AND sporting behaviour of performers:</b> <ul style="list-style-type: none"> <li>• The reasons for observing etiquette and sporting behaviour</li> <li>• Sportsmanship</li> <li>• Examples from sport</li> </ul>			
<b>2.4.2 The importance of etiquette AND sporting behaviour of spectators:</b> <ul style="list-style-type: none"> <li>• Appropriate behaviour when spectating</li> <li>• Safety</li> </ul>			
<b>2.5.1 The reasons why sports performers use PEDs</b>			
<b>2.5.2 The reasons why performers should not use PEDs</b>			

<p><b>2.5.3 The role of WADA (World Anti-Doping Agency) in eradicating the use of PEDs:</b></p> <ul style="list-style-type: none"> <li>• WADA's Whereabouts Rule</li> <li>• WADA testing methods</li> </ul>			
<p><b>2.5.4 Sanctions to prevent the use of PEDs</b></p>			
<p><b>2.5.5 Educational strategies to prevent the use of PEDs</b></p>			
<p><b>2.5.6 Impact of the use of PEDs on the sport</b></p>			
<p><b>Topic Area 3: The implications of hosting a major sporting event for a city or country</b></p>			
<p><b>3.1.1 The types and scheduling of major sporting events:</b></p> <ul style="list-style-type: none"> <li>• Regular</li> <li>• 'One-Off'</li> <li>• Regular and recurring</li> </ul>			
<p><b>3.1.2 The nature of the participants and spectators</b></p>			
<p><b>3.2.1 Positive and negative pre-event aspects of hosting a major sporting event:</b></p> <ul style="list-style-type: none"> <li>• Bidding for the event</li> <li>• Infrastructure and transport systems development</li> <li>• Financial/commercial investment/support</li> <li>• The potential for increased employment</li> <li>• Local/national objections to the bidding process</li> </ul>			
<p><b>3.3.1 During the event:</b></p> <ul style="list-style-type: none"> <li>• Positive aspects/benefits include: Improved social infrastructure</li> <li>• Improved national morale/social cohesion</li> <li>• Increase in national status</li> <li>• Greater national interest in sport</li> <li>• Increased media coverage of the sport(s)</li> <li>• A potential increase in direct and indirect tourism</li> <li>• An increase in short-term employment during the event</li> <li>• Negative aspects/drawbacks include: An increase in transport, litter and noise</li> <li>• The potential for an increase in terrorism and crime</li> <li>• Poor performance by home nation/team and the impact on national pride/morale</li> <li>• Perceived relegation/lack of investment in regional areas not involved in the national event</li> <li>• Negative media coverage of perceived deficiencies in the organisation or infrastructure/facilities</li> </ul>			
<p><b>3.3.2 Immediate and longer term post-event:</b></p> <p><b>Positive aspects/benefits include:</b></p> <ul style="list-style-type: none"> <li>• A legacy of improved/new sporting facilities</li> <li>• An increase in the sports' participation</li> <li>• An increase in the profile of sports involved</li> <li>• A legacy of improved transport and social infrastructure</li> <li>• Raising of the city/nation's international profile/ status</li> <li>• An increase in future financial investment</li> <li>•</li> </ul> <p><b>Negative aspects/drawbacks include:</b></p>			

<ul style="list-style-type: none"> <li>• The event might have costed more to host than the revenue generated</li> <li>• Sports facilities unused after the event</li> <li>• A loss in national reputation/status if the event was badly organised, the host nation's participants performed badly, or scandals emerged</li> </ul>			
<b>Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport</b>			
<b>4.1.1 What NGBs do for their sport:</b> <ul style="list-style-type: none"> <li>• Promote participation</li> <li>• Develop the sport's coaching and officiating infrastructure</li> <li>• Organise tournaments and competitions</li> <li>• Amend the existing rules and apply disciplinary procedures for rule breaking</li> <li>• Ensure safety within their sport</li> <li>• Provide support, insurance and technical guidance to members</li> <li>• Develop policies and initiatives</li> <li>• Lobby for funding</li> </ul>			
<b>Topic Area 5: The use of technology in sport</b>			
<b>5.1.1 To enhance performance</b>			
<b>5.1.2 To increase the safety of participants</b>			
<b>5.1.3 To increase fair play and increase the accuracy of officiating</b>			
<b>5.1.4 To enhance spectatorship</b>			