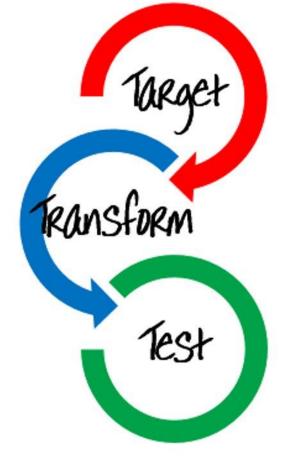
Effective Revision Strategies

RIDGEWOOD HIGH SCHOOL

Monday 23rd October 2023



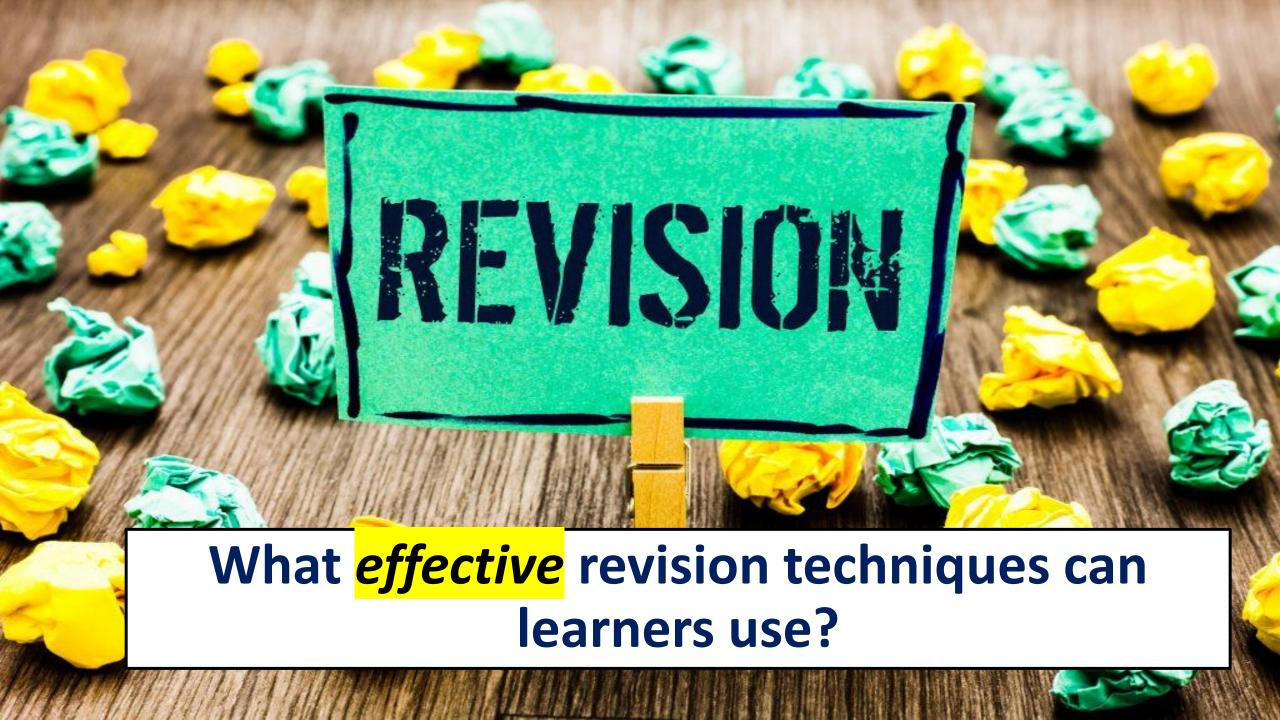


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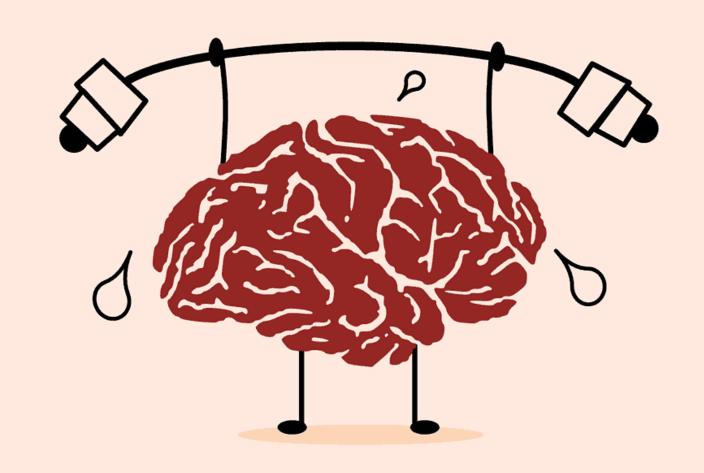




Not all revision strategies are equal

"Using your memory, shapes your memory.
Using your memory, changes your memory."

Professor Robert Bjork



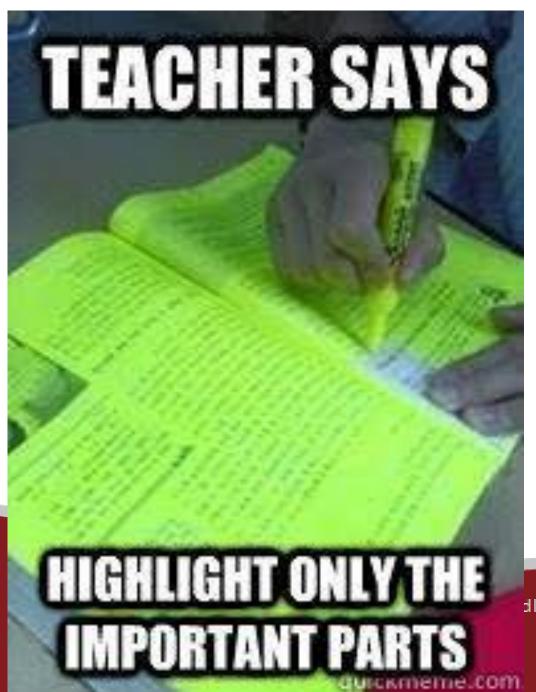
Revision Don'ts

84%







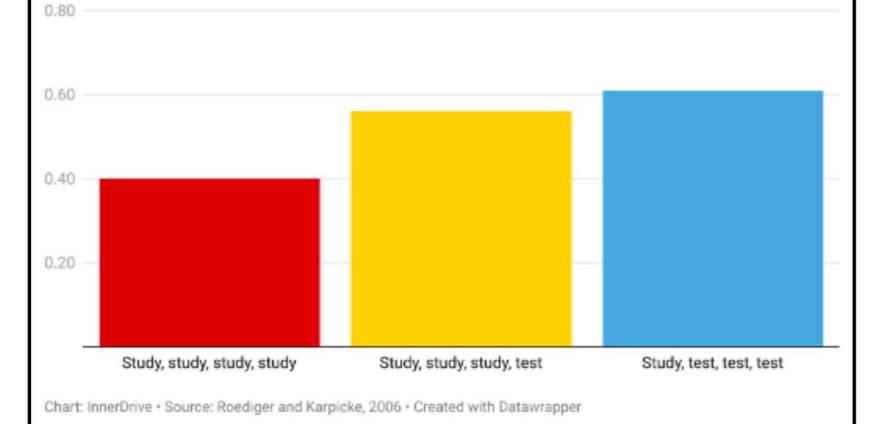




dlands, DY83NQ

Students who test their knowledge perform better on tests than those who simply study

Proportion of recall on final testing







What is the capital of Croatia?





Answer: Zagreb

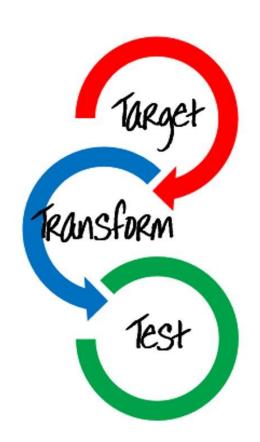


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- ✓ <u>Target:</u> Topic checklists
 Self-review and rating confidence
 Prioritise and organise time
- **✓ Transform:** Revision strategies
- ✓ <u>Test:</u> Quizzing

 Deliberate practice







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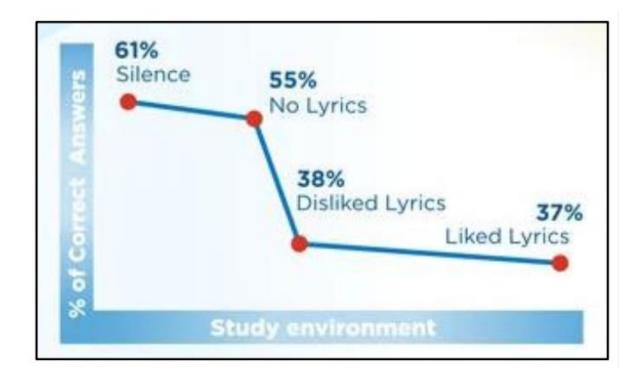
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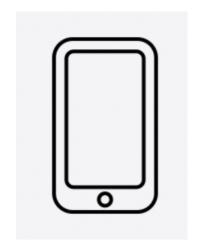
		R.	A.	G.
What was pul	blic health like in Medieval Britain?			
•	Why was public health poor in Medieval towns?			
•	Why did the government play a limited role in public health?			
•	What can we learn from the Black Death about problems?			
•	Where was Medieval public health better and why?			
Why was Edw	vard Jenner important in the development of medicine?			
•	How did Edward Jenner develop the smallpox vaccination?			
•	What was his method and how did it improve on previous ideas?			
•	What opposition did Edward Jenner face and why?			
•	What factors influenced Edward Jenner's development of vaccination?			
•	What was the short-term impact of Edward Jenner's discovery?			
•	What was the long-term impact of Edward Jenner's discovery?			
What was pul	blic health like in 19 th century England?			
•	Why was public health poor in 19 th century Britain?			
•	What can we learn from the cholera epidemics about problems with poor public health?			
•	What was the government's attitude towards public health in the 19 th century?			
•	How and why did the government's attitude begin to change?			
•	How and why did public health improve in the late 19 th century?			

Revision Don'ts











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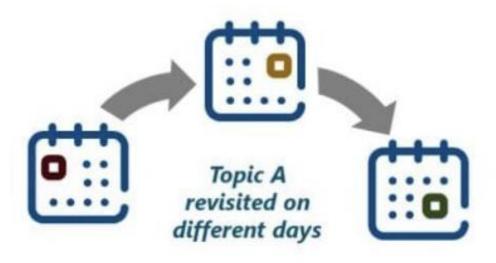
Revision Don'ts

Cramming



The **spacing effect** is about time gap (hours, days, weeks) between revisiting material







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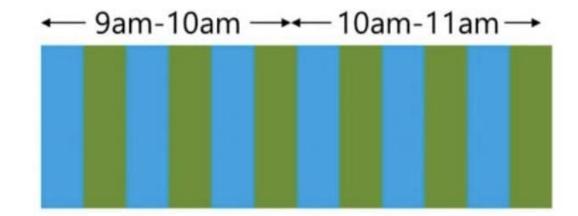
Blocked practice

Interleaved practice



Differentiation

Integration







IF YOU REALLY WANT TO DO SOMETHING, YOU WILL FIND A WAY. IF YOU DON'T, YOU WILL FIND EXCUSE.