



RIDGEWOOD
HIGH SCHOOL

16th October 2023

Dear Parent/ Carer,

Food Preparation and Nutrition lessons Year 9

Your child is studying a further Food Preparation and Nutrition module this year. It is the practice of most schools for pupils to bring their own ingredients in for each practical lesson but we feel we are able to offer you significant cost savings if school provides ingredients for your child's practical lessons. This is an arrangement that we have run for a few years and has many benefits including cost, making learning more inclusive and supporting pupils with their organisation for lessons. Ingredients will be stored safely before use and prepared in advance ready for the lesson.

A contribution of £11.50 will cover the cost of all ingredients used so that your child can make: Chelsea buns, meringue nests, sausage plait, chicken tikka masala (vegetarian options available) and choux pastry. The only item that pupils will be required to bring in for practical lessons is a suitable container to take the food home. Products made will be stored safely until the end of the school day.

ParentPay and Allergies

You can make this payment via the school's ParentPay system (the school no longer accepts cash payments). Please note, if you have forgotten your ParentPay password, you will need to either click "forgotten password" and follow the instructions or contact ParentPay via their website www.parentpay.com The school cannot reset passwords. The following ParentPay link will answer any questions you may have with regard to your online ParentPay account:.

ParentPay Link: <https://www.parentpay.com/parent-account-fags/>

If your child has allergies or significant dietary needs (cultural or medical), can you indicate this on the ParentPay consent form.

I look forward to teaching your child the basics of food hygiene, nutrition and food preparation and hope they will cook the dishes again at home. All recipes are available on the school website. Pupils will be shown how to access this.

Yours faithfully,

Mrs R Lawrence
Faculty Leader for Creative and Technical Studies
Ridgewood High School

