Puff Pastry

- 1. Put <u>250g</u> of strong flour into a food processor or mixing bowl. Add a pinch of salt.
- 2. Slowly add **150ml** of **cold** water. Add more if you need to.
- 3. When the dough comes together, wrap in cling film and chill for at least 20 minutes.
- 4. Put <u>225g</u> of cold butter between two sheets of baking paper. Flatten by tapping with a rolling pin until soft. Reshape to the size of a postcard.
- 5. Lightly flour your work surface using a flour dredger.
- 6. Roll your dough into a 25cm circle.
- 7. Put the softened butter in the centre of the pastry and fold two sides until they overlap in the middle.
- 8. Roll out the dough again until flat.
- 9. Fold the bottom third of the pastry up to the middle and the top third down.
- 10. Give the dough a quarter turn.
- 11. Roll the dough out into a long rectangle (roughly 18 x 38cm).
- 12. Again, fold the bottom third of the pastry up and the top third down.
- 13. Give the dough a quarter turn.
- 14. Roll into a rectangle.
- 15. Fold the bottom third of the pastry up and the top third down.
- 16. Give the dough a quarter turn.
- 17. Roll the pastry out and chill for 20 minutes before using.